MESSAGE FROM THE SUNFLOWER FOUNDATION

Change begins with a single step.

It’s true whether the goal is improving one’s own physical fitness, or bringing 
about improvement in the well-being of a state’s people. You’ll never reach your 
goal if you don’t take that first step.

That’s why we have chosen to present images of walking trails in this report. They 
come from across Kansas and are a symbol of the commitment of communities to 
courage healthy behaviors.

They all follow a different course and offer different scenery along the path. Yet 
their goal is the same: helping Kansans become healthier. And they were all 
supported in part by grants from the Sunflower Foundation.

While we celebrate the availability of these trails, we also recognize that these 
paths are merely tools. It is up to each of us to take that first step.

Our mission at the Sunflower Foundation is to serve as a catalyst for improving 
the health of Kansans. We do so by providing grants to organizations and 
communities that are clearly focused on that same goal.

We are proud to acknowledge the grants we awarded during our Fiscal Year 2006 
(July 1, 2005 to June 30, 2006). We believe these grants individually and collec-
tively are indeed building pathways to better health in Kansas. We invite you to 
join us on this walk...both through the pages of this report and, most importantly, 
on a pathway near you.

Thomas L. Miller
Board Chair

Billie G. Hall
President & CEO

Some of the locations Sunflower Foundation 
grants have helped provide new trails are 
Bird City, in northwestern Kansas; Strong 
City in Chase County, and at the Landon 
Trail in South Topeka.
PATHS TO A HEALTHIER KANSAS
At the Sunflower Foundation, our work is guided by our mission: to serve as a catalyst for improving the health of Kansans.

To do so, we seek out those organizations that, in their own ways, are guiding us down the path toward that goal. Our resources support those whose work has the potential to effect meaningful change in our individual and collective health.

We are honored to join them on that journey because, while the paths that are travelled may look different, we have the same goal: a healthier Kansas.

The information on the following pages is a description of the Sunflower Foundation’s FY 2006 interest areas and types of grants within each.

ACCESS TO HEALTH CARE
Improving access to affordable, quality health care for all Kansans, regardless of age, gender, ethnicity or geographic location.

Bridge Grants – Expanding or adding new primary care and primary prevention services in health care safety net organizations.

Health Disparities Grants – Identifying and addressing racial and ethnic barriers that affect access to health care services.

General Grants – Building capacity on a broad scale.

HEALTHY BEHAVIORS AND PREVENTION
Seeking solutions that help individuals and communities establish and maintain healthy and active lifestyles.

School-based Grants – Promoting physical activity and healthy eating for children and youth through school-based environmental, program and policy approaches.

Tobacco Control and Prevention Grants – Enhancing existing and developing new tobacco use prevention and control efforts in Kansas.

Walking Trails – Expanding or building new walking trails in communities to increase physical activity.

RESPONSIVE
Supporting projects that address emerging issues or that provide special opportunities for building awareness of health issues, collaboration and leveraging.
GRANTS AND Initiatives – FISCAL YEAR 2006

Unless otherwise noted, grants are for one year.

ACCESS TO HEALTHCARE

Bridge Grants

- Community Health Center of Southeast Kansas, Pittsburg - $100,000 to expand services by adding a psychologist and social worker for on-site behavioral health services (two-year grant)
- Good Samaritan Health Ministries, Wichita - $99,472 to expand services by adding an RN and ARNP to provide care in a mobile clinic setting (3-year grant)
- Guadalupe Clinic, Wichita - $20,368 to expand primary care services on weekends
- Health Ministries Clinic, Newton - $100,000 to expand services by adding a half-time physician/Medical Director and a staff nurse (two-year grant)
- Marian Clinic, Topeka - $30,000 to expand services by adding a part-time dentist, two part-time dental assistants and a part-time social worker
- Miami County Mental Health Center, Paola - $52,402 to expand services by adding a licensed therapist for a satellite office in Louisburg, KS (two-year grant)
- Morris County Hospital, Council Grove - $100,000 to expand services by adding two family physicians to provide services at the White City and Chase County Clinics (three-year grant)
- Pratt Community College, Pratt - $16,441 to expand primary care services for students and staff
- Swope Health Services, Kansas City - $75,000 to expand services by adding a dental hygienist at Swope Health Wyandotte Dental Clinic (two-year grant)
- We Care Project, Inc., Great Bend - $100,000 to expand services by adding a dentist, dental hygienist and dental assistant

Health Disparities Grants

- Black Health Care Coalition, Inc., Kansas City - $14,713 to add two church-based screening centers in northeast Kansas City, KS
- Kansas Department of Health and Environment, Topeka - $5,000 to support the 2006 Health Disparities Conference, “Healthy Cultures, Healthy Kansas”
- Kansas Department of Health and Environment, Topeka - $10,500 to support an advisory committee process for the Office of Minority Health
- Kansas Department of Health and Environment, Topeka - $85,127 to assess statewide the utilization of physical, mental, and behavioral services for children receiving services under the Child Welfare program, stratified by race and region (13-month grant)
- Kansas Foundation for Medical Care, Inc., Topeka - $59,120 to secure a director for the Four Tribes Women’s Wellness Coalition’s breast and cervical cancer education program

- Sac and Fox Nation of Missouri in Kansas, Reserve - $59,120 to secure a director for the Four Tribes Women’s Wellness Coalition’s breast and cervical cancer education program
• St. Mark - E.C. Tyree Health Clinic, Wichita - $65,000 to assess obesity-related health status and develop a nutrition education and fitness program for selected minority populations in northeast Wichita (three-year grant)

**General Grants**

• Kansas Action for Children, Inc., Topeka - $167,890 to assess the effectiveness of free and reduced school meals as a gateway for identifying and enrolling eligible children in public health insurance

• Kansas Association for the Medically Underserved, Topeka - $326,496 to expand the participation of qualifying health clinics in the federal 340B program and other prescription drug assistance programs (two-year grant)

• Kansas Health Institute, Topeka - $69,276 to create a central source of timely information about health insurance coverage rates and related issues for state policymakers, advocates, the press and other interested parties (two-year grant)

• Kansas Public Telecommunication Services, Inc., Wichita - $34,103 to produce nine half-hour television programs that focus on public policies and practices that impact access to health care in Kansas

• Oral Health Kansas, Inc., Topeka - $250,000 to assist in establishing an Advanced Education in General Dentistry (AEGD) residency program at Wichita State University

• Breakthrough Club of Sedgwick County, Wichita - $13,687 to update client management technology and support related staff training

**BUILDING CAPACITY**

**Assessment and Organizational Development Grants**

• Autism Asperger Resource Center, Kansas City - $20,000 for telephone upgrades, computer hardware and treatment planning software

• Bert Nash Community Mental Health Center, Lawrence - $22,553 to support a comprehensive evaluation of the WRAP (Working to Recognize Alternative Possibilities) Program implemented in Lawrence public schools

• Center for Health and Wellness, Inc., Wichita - $20,000 for organizational evaluation consultation and a sustainability challenge grant

• Center for Practical Bioethics, Kansas City - $22,500 to assess and expand the service capacity of a referral network that links low income uninsured with specialty medical care

• Oral Health Kansas, Inc., Topeka - $250,000 to assist in establishing an Advanced Education in General Dentistry (AEGD) residency program at Wichita State University

• Breakthrough Club of Sedgwick County, Wichita - $13,687 to update client management technology and support related staff training

• Catholic Charities, Inc., Wichita - $13,600 to upgrade fund development technology

• Center for Health and Wellness, Inc., Wichita - $20,000 for organizational evaluation consultation and a sustainability challenge grant

• Center for Practical Bioethics, Kansas City - $22,500 to assess and expand the service capacity of a referral network that links low income uninsured with specialty medical care

• Disability Planning Organization of Kansas, Inc., Salina - $12,280 to develop a Web site and database to capture service quality and satisfaction data

• Harper Hospital District #5, Harper - $5,656 for multiple technology enhancements

• HopeNet, Inc., Wichita - $11,513 for telephone system and donor/volunteer management software upgrades

• Iroquois Center for Human Development, Inc., Greensburg - $20,000 to upgrade patient management software
• Kansas Advocates for Better Care, Inc., Lawrence - $11,359 to upgrade communications hardware and software

• Kansas Elks Training Center for the Handicapped, Inc., Wichita - $20,000 for a telephone system upgrade

• Kansas Public Health Association, Topeka - $20,000 for technology upgrades for the association and capacity building training for members

• Kansas Statewide Homeless Coalition, Topeka - $11,657 for financial management consultation and software

• Kansas Wesleyan University, Salina - $10,527 to support organizational assessment and strategic planning for the Volunteer Connection

• Labette Center for Mental Health Services, Inc., Parsons - $19,100 for computer hardware

• Lyons Good Samaritan Center, Lyons - $20,000 for telephone system upgrades

• Marshall County Community Resource and Education Center, Marysville - $7,651 for strategic planning and board development

• Medical Service Bureau, Inc., Wichita - $20,000 for telephone system, Web site and database upgrades

• Oral Health Kansas, Inc., Topeka - $15,750 for strategic planning and membership management software

• Partnership for All Cherokee County Children, Inc., Riverton - $5,096 for financial management and strategic planning consultation and technology upgrades

• Pregnancy Crisis Center of Wichita, Inc., Wichita - $20,000 for client information management software

• Sedgwick County Health Department, Wichita - $20,024 for a medical records consolidation project

• Shepherd’s Crossing, Inc., Manhattan - $11,254 for hardware and client management software upgrades

• Sunflower Diversified Services, Great Bend - $20,000 for payroll and client management software and hardware upgrades

• The Center for Learning Tree Institute, Girard - $17,229 for a program and needs assessment of the Addiction Recovery Center (14-month grant)

• The Guidance Center, Leavenworth - $20,813 for a new telephone system

• TLC for Children and Families, Inc., Olathe - $9,360 to develop a payroll processor and accounting system interface

• United Methodist Western Kansas Mexican-American Ministries, Inc., Garden City - $35,000 to upgrade practice management software at networked clinic sites in four communities

• United Methodist Youthville, Inc., Wichita - $20,000 for strategic and business planning

• University of Kansas School of Medicine – Wichita Medical Practice Association, Wichita - $20,000 to help support the transition to a new practice management system

• Valeo Behavioral Health Care, Topeka - $20,000 for Human Resources and payroll software upgrades

• Wichita Community Foundation, Wichita - $20,000 to support a pilot project to build capacity in area health and human services nonprofit organizations through a community foundation-directed program (18-month grant)

**General Grants**

• Governor’s Health Care Cost Containment Commission, Topeka - $25,000 to help support the first phase (assessment) of an initiative to develop a statewide strategic plan for Health Information Technology (HIT) and Health Information Exchange (HIE)
Governor's Health Care Cost Containment Commission, Topeka - $30,000 to help support the second phase (working groups and implementation) of the initiative to develop a statewide strategic plan for Health Information Technology (HIT) and Health Information Exchange (HIE)

Hutchinson Community Foundation, Hutchinson - $14,000 to build the capacity of the newly organized Kansas Association of Community Foundations (KACF) by supporting strategies to build membership (two-year grant)

Oral Health Kansas, Inc., Topeka - $60,000 to develop a statewide network of oral health advocates through intensive leadership training (18-month grant)

Sunflower Foundation Grantee Workshops, October 12, 2005 - Delivering the Message: How Strategic Communications Can Build and Strengthen Your Organization

**Tobacco Control and Prevention Grants**

- Coffey County Health Department, Burlington - $9,000 to bring a tobacco control and prevention motivational speaker to six communities, in partnership with the American Legacy Foundation and the Kansas Department of Health and Environment
- Tobacco Free Kansas Coalition, Topeka - $151,926 to support the implementation of grassroots and media strategies to reduce spit tobacco use in Kansas (18-month grant)

**Walking Trails Grants**

- City of Washington, Washington - $15,000 to create a one-half mile trail around the city park
- City of Wichita, Department of Park and Recreation, Wichita - $15,000 to build a one-quarter mile trail loop in Grove Park
- Franklin County Mental Health Clinic, Inc., Ottawa - $15,000 to build a one-third mile walking trail on the south side of Ottawa
- Friends of the Kaw, Inc., Kansas City - $15,000 to build a one-third mile trail to connect with the River Front Heritage Trail along the Kansas River

**Healthy Behaviors and Prevention**

**School, Community and Worksite Grants**

- Kansas City, Kansas Housing Authority, Kansas City - $120,218 for the Healthy Kids in KC program for youth in seven public housing sites (three-year grant)
- USD 337/Royal Valley School District, Mayetta - $78,807 to plan and implement a K-8 after-school program that encourages life-long fitness and learning and incorporates the tribal heritage of the Prairie Band Potawatomi Nation (two-year grant)
- USD 484/Fredonia - $10,271 to increase physical activity among students in grades 6-9, to enhance nutrition curriculum in Family & Consumer Science classes and to involve students in instructing adults on these issues during a series of community Adult Exercise Events

**Tobacco Control and Prevention Grants**

- University of Kansas Center for Research, Inc., Lawrence - $136,254 to the Kansas Enrichment Network to research and disseminate a physical activity curriculum and training to after-school programs statewide (three-year grant)
- Meade County Health Department, Meade - $9,000 to bring a tobacco control and prevention motivational speaker to six communities, in partnership with the American Legacy Foundation and the Kansas Department of Health and Environment

**Walking Trails Grants**

- City of Washington, Washington - $15,000 to create a one-half mile trail around the city park
- City of Wichita, Department of Park and Recreation, Wichita - $15,000 to build a one-quarter mile trail loop in Grove Park
- Franklin County Mental Health Clinic, Inc., Ottawa - $15,000 to build a one-third mile walking trail on the south side of Ottawa
- Friends of the Kaw, Inc., Kansas City - $15,000 to build a one-third mile trail to connect with the River Front Heritage Trail along the Kansas River

**Healthy Behaviors and Prevention**

**School, Community and Worksite Grants**

- Kansas City, Kansas Housing Authority, Kansas City - $120,218 for the Healthy Kids in KC program for youth in seven public housing sites (three-year grant)
- USD 337/Royal Valley School District, Mayetta - $78,807 to plan and implement a K-8 after-school program that encourages life-long fitness and learning and incorporates the tribal heritage of the Prairie Band Potawatomi Nation (two-year grant)
- USD 484/Fredonia - $10,271 to increase physical activity among students in grades 6-9, to enhance nutrition curriculum in Family & Consumer Science classes and to involve students in instructing adults on these issues during a series of community Adult Exercise Events

**Tobacco Control and Prevention Grants**

- University of Kansas Center for Research, Inc., Lawrence - $136,254 to the Kansas Enrichment Network to research and disseminate a physical activity curriculum and training to after-school programs statewide (three-year grant)
- Meade County Health Department, Meade - $9,000 to bring a tobacco control and prevention motivational speaker to six communities, in partnership with the American Legacy Foundation and the Kansas Department of Health and Environment

**Walking Trails Grants**

- City of Washington, Washington - $15,000 to create a one-half mile trail around the city park
- City of Wichita, Department of Park and Recreation, Wichita - $15,000 to build a one-quarter mile trail loop in Grove Park
- Franklin County Mental Health Clinic, Inc., Ottawa - $15,000 to build a one-third mile walking trail on the south side of Ottawa
- Friends of the Kaw, Inc., Kansas City - $15,000 to build a one-third mile trail to connect with the River Front Heritage Trail along the Kansas River

**Healthy Behaviors and Prevention**

**School, Community and Worksite Grants**

- Kansas City, Kansas Housing Authority, Kansas City - $120,218 for the Healthy Kids in KC program for youth in seven public housing sites (three-year grant)
- USD 337/Royal Valley School District, Mayetta - $78,807 to plan and implement a K-8 after-school program that encourages life-long fitness and learning and incorporates the tribal heritage of the Prairie Band Potawatomi Nation (two-year grant)
- USD 484/Fredonia - $10,271 to increase physical activity among students in grades 6-9, to enhance nutrition curriculum in Family & Consumer Science classes and to involve students in instructing adults on these issues during a series of community Adult Exercise Events
• Riley County-Manhattan Health Department, Manhattan - $15,000 to build a one-quarter mile trail connecting several health facilities

• Sunflower Resource Conservation & Development Area, Harper - $15,000 to build a three-quarter mile trail to connect the Wellness Center, city park, tennis courts, basketball courts and swimming pool

• USD 259/Pleasant Valley Elementary School, Wichita - $4,538 to build a one-quarter mile trail around an existing playground/park area between Pleasant Valley Elementary School and Pleasant Valley Middle School

• USD 340/Jefferson West Schools, Meriden - $15,000 to build a half-mile trail around the middle and high school property

General Grants
• Kansas Association of Health, Physical Education, Recreation and Dance (KAHPERD), Topeka - $3,227 to support the keynote presentation of Steven Blair, P.E.D., President & CEO, The Cooper Institute, Dallas, TX, at the KAHPERD 2005 Annual Convention

• Kansas Association of Health, Physical Education, Recreation and Dance (KAHPERD), Topeka - $3,632 to support a presentation to policymakers, advocacy groups and the media by Kenneth E. Thorpe, Ph.D., Chair, Department of Health Policy and Management, Emory University, Atlanta, GA, on the connection between obesity and rising health care costs

• University of Kansas Center for Research, Inc., Lawrence - $3,500 to support the keynote presentation of David Ludwig, M.D., Ph.D., Associate Professor of Pediatrics, Harvard University, Boston, MA, and Director, Obesity Program, Children’s Hospital Boston, at the University of Kansas 2005 Conference on Prevention and Treatment of Overweight and Obese Individuals

• Kansas Health Institute, Topeka - $3,632 to support a presentation to policymakers, advocacy groups and the media by Kenneth E. Thorpe, Ph.D., Chair, Department of Health Policy and Management, Emory University, Atlanta, GA, on the connection between obesity and rising health care costs

• Kansas Association for the Medically Underserved, Topeka - $227,108 to hire a health policy analyst and create a legislative education program for member clinics statewide (three-year grant)

• Kansas Food Bank, Wichita - $250,000 to help leverage challenge grants from the J.E. and L.E. Mabee Foundation and the Kresge Foundation for the construction of a new headquarters and distribution center
### Statement of Financial Position
#### Year Ended June 30, 2006

<table>
<thead>
<tr>
<th>Assets</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and investments</td>
<td>$103,444,467</td>
</tr>
<tr>
<td>Receivables, fixed assets, and other</td>
<td>$212,383</td>
</tr>
<tr>
<td>Total Assets</td>
<td>$103,656,850</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Liabilities and Net Assets</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$127,060</td>
</tr>
<tr>
<td>Grants payable</td>
<td>$3,046,293</td>
</tr>
<tr>
<td>Total Liabilities</td>
<td>$3,173,353</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unrestricted Net assets</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Net Assets</td>
<td>$100,483,497</td>
</tr>
</tbody>
</table>

| Total Liabilities and net assets     | $103,656,850   |

---

### Statement of Activities and Change in Net Assets
#### Year Ended June 30, 2006

<table>
<thead>
<tr>
<th>Support and Revenue</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Investment income, net of expenses</td>
<td>$9,149,496</td>
</tr>
<tr>
<td>Total Income</td>
<td>$9,149,496</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Grants and Expenses</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Grant awards</td>
<td>$3,926,429</td>
</tr>
<tr>
<td>Grant awards (refunds/adjustments)</td>
<td>($135,730)</td>
</tr>
<tr>
<td>Program, general and administrative expenses</td>
<td>$847,283</td>
</tr>
<tr>
<td>Total grants and expenses</td>
<td>$4,637,982</td>
</tr>
</tbody>
</table>

| Change in net assets                 | $4,511,514     |

| Net assets, beginning of year        | $95,971,983    |
| Net assets, end of year              | $100,483,497   |

The above amounts are from the foundation’s Fiscal Year 2006 audited financial statements. A copy of the foundation’s audited financial statements is available upon request.
BOARD OF TRUSTEES

The Sunflower Foundation is governed by nine trustees who represent diverse backgrounds and regions of the state. Eight trustees are appointed through a process overseen by the Kansas Attorney General. One trustee is appointed by Blue Cross Blue Shield of Kansas.

The current trustees of the Sunflower Foundation include:

- Thomas L. Miller, Chair
  BCBKS appointment
  Topeka, KS
- Marty Beezley, Secretary
  Pittsburg, KS
- Harry W. Craig, Jr., Treasurer
  Topeka, KS
- Kraig L. Gross
  Hays, KS
- Karen S. Hauser, Ed.D.
  Salina, KS
- Mary Carol Pomarco, Ed.D.
  Pittsburg, KS
- Christopher J. Ruder, M.S.N., R.N.
  Lawrence, KS
- Greg Unruh, Past Chair
  Onaga, KS
- Brenda J. Gray
  Wichita, KS
- Harry W. Craig, Jr., Treasurer
  Topeka, KS
- Kraig L. Gross
  Hays, KS
- Karen S. Hauser, Ed.D.
  Salina, KS
- Mary Carol Pomarco, Ed.D.
  Pittsburg, KS
- Christopher J. Ruder, M.S.N., R.N.
  Lawrence, KS
- Greg Unruh, Past Chair
  Onaga, KS
- Brenda J. Gray
  Wichita, KS
- Karen S. Hauser, Ed.D.
  Salina, KS
- Mary Carol Pomarco, Ed.D.
  Pittsburg, KS
- Christopher J. Ruder, M.S.N., R.N.
  Lawrence, KS
- Greg Unruh, Past Chair
  Onaga, KS

Trustees whose terms expired during Fiscal Year 2006:

- Bernard Franklin, Ph.D.
  Kansas City, KS
- Phyllis Gilmore
  Olathe, KS
- Kris W. Kobach
  Overland Park, KS
- Pastor Bobby Love
  Olathe, KS
- Karen A. Seals, Ph.D.
  Lawrence, KS
- Mark Douglas Sheerm, M.D.
  Abilene, KS
- Robert K. Thomen, M.D.
  Chanute, KS
- Brenda J. Gray
  Wichita, KS
- Greg Unruh, Past Chair
  Onaga, KS

COMMUNITY ADVISORY COMMITTEE

Nine individuals from across the state are appointed by the Kansas Attorney General to serve as members of the Community Advisory Committee. Their responsibility is to serve as the nominating body for the Sunflower Foundation Board of Trustees.

Members as of July 1, 2006 include:

- Bernard Franklin, Ph.D.
  Kansas City, KS
- Phyllis Gilmore
  Olathe, KS
- Kris W. Kobach
  Overland Park, KS
- Pastor Bobby Love
  Olathe, KS
- Karen A. Seals, Ph.D.
  Lawrence, KS
- Mark Douglas Sheerm, M.D.
  Abilene, KS
- Robert K. Thomen, M.D.
  Chanute, KS
- Brenda J. Gray
  Wichita, KS
- Greg Unruh, Past Chair
  Onaga, KS

SUNFLOWER FOUNDATION STAFF

- Billie G. Hall
  President and CEO
- Larry W. Tobias
  Vice President for Programs
- Yeette Desrouches-Alphonse
  Program Officer
- Cheryl L. Bean
  Finance/Grants Manager
- Alisa Browning
  Executive/Program Assistant
- Alan G. Wynne, M.D.
  Topeka, KS
- Oren M. Windholz, Past Chair
  Hays, KS

LEGISLATIVE ADVISORS

During FY2006, the following members of the Kansas Legislature served as Legislative Advisors to the Sunflower Foundation:

- Senator Jim Barone
  Frontenac, KS
- Representative Bob Bethell
  Alden, KS
- Representative Nancy Kirk
  Topeka, KS
- Paul E. Rainbolt
  St. Francis, KS