ACCESS TO HEALTH CARE

**Bridge Grants**

- Good Samaritan Ministries, Wichita - $130,860 to help expand by recruiting a part-time dental health care assistant, LHM and support staff (three-year grant)

- Duquesne Clinic, Inc., Wichita - $45,000 to expand services by increasing the hours of a part-time dental hygienist, assistant, and full-time bilingual clinic assistant (three-year grant)

- Kansas City Free Health Clinic, Kansas City - $42,932 to help support by adding a charge nurse and a new practitioner (three-year grant)

- **Mental Health Association of South Central Kansas**, Wichita - $161,307 to expand services by increasing the hours of a part-time psychiatrist and a contracted LSP, three full-time therapists and two ARPs (two-year grant)

- Shawnee County Health Agency, Topeka - $43,344 to expand services by offering an ARNP

- **The Guidance Center**, Lawrence - $100,000 to expand services by adding a part-time child and adolescent psychiatry (two-year grant)

- Turner House Clinic, Inc., Kansas City - $82,550 to expand services by adding a full-time bilingual nurse practitioner/counselor (two-year grant)

**General Access Grants**

- **Floyd Hill Community Health Center**, Emporia - $99,369 to evaluate the organization’s capacity to provide access by increasing the hours of a part-time dentist, Web site development and planning (three-year grant)

- Good Samaritan Project, Kansas City - $33,858 to help expand by recruiting a part-time dental hygienist, in partnership with the Wyandotte County Health Department, by adding a part-time prevention specialist

- **Kansas Association for the Medically Underserved**, Inc., Kansas City - $106,528 to conduct an assessment of health needs for West Central Kansas communities regarding non-smoking ordinances for workplaces and public places; analyze the status of existing smoking ordinances in these communities; conduct an evaluation for Kansas State University’s Center for Law, Policy and Disability Studies to disseminate the survey findings; develop a “Clean Air Kansas” Web site with information clearinghouse; and develop a technical support team to work with Kansas community coalitions interested in clean indoor air ordinances

**HEALTHY BEHAVIORS AND PREVENTION**

- **Healthier Communities**, Inc., Kansas City - $9,373 for transmission technology, including hardware and software

- **Douglas County AIDS Project, Lawrence** - $9,954 for technology to set up a Web site and a mobile unit

- **Sanitas Health, Topeka** - $13,813 for technology support and Web site development

- **Compassion Kansas**, Topeka - $9,930 for consultation to evaluate the progress of the Compassion Kansas program to build the capacity of community support and research centers (two-year grant)

- **Planned Parenthood**, Lawrence - $9,954 for technology to deploy an evaluation system at Planned Parenthood

- **KANZA Mental Health and Guidance Center**, Inc., Ottawa - $15,300 for technology to add video conferencing capabilities in Emporia, Hays, Manhattan and Pittsburg offices

**SPECIAL PROJECTS**


**Nonprofit Advocacy**

- University of Kansas Law School – AIDS Policy Project, Kansas City - $15,000 to help support a comprehensive study of underinsurance in Kansas (two-year grant)

- **Topeka AIDS Project**, Topeka - $11,000 for board development and membership marketing

- **Tobacco Control and Prevention Grants**

- University of Kansas Medical Center Research Institute, Inc., Kansas City - $16,529 to conduct an additional survey of 300 Kansas school students and 257 Kansas communities regarding non-smoking ordinances for workplaces and public places; analyze the status of existing smoking ordinances in these communities; conduct an evaluation for Kansas State University’s Center for Law, Policy and Disability Studies to disseminate the survey findings; develop a “Clean Air Kansas” Web site with information clearinghouse; and develop a technical support team to work with Kansas community coalitions interested in clean indoor air ordinances

**General Health and Prevention Grants**

- **University of Kansas, Lawrence** - $4,500 to support the appearance of four presenters at the University of Kansas 9th Annual Conference on the Prevention and Treatment of Overweight and Obese Individuals

- **Southland Hospital Foundation** – Elliott School of Communication, Wichita - $20,000 to help support a project to analyze Kansas teen driver crash data, Survey Kansas parents and teens regarding teen driving and opinions on a graduated driver licensing (GDL) system for Kansas students and disseminate findings to inform discussions regarding teen driver licensing

**SPECIAL PROJECTS**

- **Kansas Hospital Association – Counseling Services, Inc., Lawrence** - $50,000 to help support a pilot project between the KU Medical Center and the Kansas Hospital Association to conduct a pilot project for GDL system for Kansas drivers

- **Kansas Hospital Education and Research Foundation, Inc., Lawrence** - $12,950 to support a coaching service for schools to implement the Kansas Graduation Rate Improvement Program (Grad Program) for high school students

- **KANSAS Hospital Research Institute, Inc., Kansas City** - $106,528 to conduct an assessment of the capacity of community support and research centers, and disseminate findings to inform discussions regarding 5 year grant termination
THE SUNFLOWER FOUNDATION
Welcome! We at the Sunflower Foundation are committed to working together for a stronger, healthier Kansas. We are passionate about promoting the wonderful works and ideas of health organizations throughout the state. We know that by joining our efforts we can help people of all ages experience a healthier, more productive and enjoyable life. So we invite you to work with us, share your ideas, let us know what is working in your community and what ways we can help support your efforts.

We invite your inquiries, questions and suggestions at any time. We promise to respond and to answer your questions as best we can.

Thank you for your interest in the Sunflower Foundation. We look forward to working together soon.

Meet the Staff
Standing, left to right: Yvette Desrosiers-Alphonse, Program Officer; Billie Hall, President/C.E.O.; Larry Tobias, V.P. for Programs; Cheryl Bean, Finance/Grants Manager; Seated, left to right: Alisa Browning, Executive/Program Assistant; and Jackie Yingling, Finance/Grants Assistant.

CONTENTS
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HEALTHY BEHAVIORS AND PREVENTION 6 Students at Olathe’s Fairview Elementary School are up and moving each morning on a walking path circling the school playground.

CAPACITY BUILDING 10 Rosa Molina is leading the way for underserved populations in Wichita to receive prescription medications and more through the Medical Service Bureau.

ADVOCACY 14 Sunflower Foundation is working to encourage non-profit health organizations throughout Kansas to make their voices heard at the policy table. Find out how.

FINANCIAL STATEMENTS 15
ROSTERS 16-17
2008 GRANTS AND INITIATIVES 18-19 (BACK FOLDOUT)

STRONGER TOGETHER.
We are all connected, our stories overlapping. Whether we come from a small town or a large city in Kansas, we share common struggles and challenges. A new idea that affects change in one place can inspire and provide guidance to a city far away. At the Sunflower Foundation, we believe each of us can make a positive difference in our communities and world. We also believe that by working together we can create substantial improvements in the health of our state.

Sharing ourselves to strengthen us all.

This annual report is a celebration of people and organizations throughout Kansas whose kindness, support and innovation help others become stronger and healthier. We invite you to read about the ideas and efforts of people who share your commitment.

Our mission at the Sunflower Foundation is to serve as a catalyst for improving the health of Kansas. We do so by providing grants to organizations and communities that are clearly focused on that same goal. We do so by sharing ourselves through ideas, providing the funding that spurs action, and humbly watching the amazing process of lives being changed.

We are proud to acknowledge the grants we awarded during our Fiscal Year 2008 (July 1, 2007 to June 30, 2008). Each year we grow stronger, together.

Marty Beezley
President & CEO

Billie G. Hall
Board Chair

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The Tierrablanca family (left to right) Sandra, Margarita, Jose and Lisbeth, are thankful for the loving care provided by Dr. Mawdsley and the staff at Flint Hills Clinic after Margarita was born at only 11 ounces.

Flint Hills Community Health Center, Emporia

On a tree-lined street in Emporia, in a red, two-story home lives Margarita, a beautiful two-year-old child with dark hair and dark eyes. She has a special smile for her friend Dr. Mike Mawdsley visiting from the Flint Hills Community Health Center. Born at just 11 ounces, Margarita is a walking, talking testament to the work of the clinic. She is the smallest surviving infant in Kansas. After her birth and four months of care at a regional hospital, Margarita and her family needed to find a local health partner for crucial continuing care. Dr. Mawdsley and the Flint Hills center stepped into the gap to help the family. Stronger through lifelong care.

Together

The Tierrablanca family (left to right) Sandra, Margarita, Jose and Lisbeth, are thankful for the loving care provided by Dr. Mawdsley and the staff at Flint Hills Clinic after Margarita was born at only 11 ounces.
Coordinating Lifelong Care
Margarita’s story is one of thousands that illustrate the way the health clinic is focusing on lifelong coordination of care. Executive Director Lougene Marsh explains that the clinic’s goal is to deliver integrated medical services, not just a quick fix. “We want to follow patients throughout life, if possible, by creating an integrated care plan,” Marsh says.

“We are working with other community health partners to create better care through less fragmentation and less duplication of services.”

The clinic provides all-important preventative care including prenatal care, works with other hospitals for obstetrics, and welcomes mother and child back to the clinic for pediatric care. An internal medicine physician is key to helping the elderly population. Flint Hills views itself as a community partner, inviting other organizations to look to them as a resource. “It’s important we collaborate to deliver general health care, mental health services, and social services,” says Marsh.

Generations of Help
Founded in 1923 as the Lyon County Health Department, the majority of the clinic’s growth occurred in the late 1990s as the facility became a Federally Qualified Health Center, expanding services to include individuals with insurance, Medicare, Medicaid and HealthWave, as well as the uninsured.

Over the last nine years, Marsh has successfully worked to expand services. In 2005, Marsh applied for and received a Bridge Grant from the Sunflower Foundation in order to hire one full-time family practitioner, providing care to about 3,525 additional patients in Lyon County.

To help provide more specialized care for children, Marsh again applied for and received a 2006 Sunflower Foundation Bridge Grant. Using these funds, Marsh was able to hire Dr. Mawdsley, a full-time pediatrician.

“Since we hired Dr. Mawdsley, ill children are usually worked into the schedule within a day or two, and it’s possible to schedule a physical within three to five days,” says Marsh. The clinic expects to increase the number of pediatric visits 2,057 this year.

For Marsh and other staff members, it’s not just about medical care being available; it’s also about the manner in which it is delivered. Cultural barriers compound economic barriers. “Imagine having an illness and being unable to express or describe the pain you are experiencing. We provide a culturally-sensitive interpreter who works alongside our physician and dentists.”

The Language of Care
Margarita’s one-year portrait is pinned to Dr. Mawdsley’s office bulletin board. He has visited her many times and has become quite close to the family. During his most recent visit, the beaming faces of Margarita’s parents tell a story of its own. “We really appreciate Dr. Mike,” says Margarita’s mother Sandra.

For the Tierrablanca family, as with so many others, Flint Hills is a vital part of a healthy life. More than simply a place for immediate care, Flint Hills Community Health Center is a portal to services throughout the community. The family is connected to additional resources including developmental screenings, dental care and childcare. It is care that is stronger as caregivers and community partners work together.
It’s 8 a.m. and students are lined up in the gymnasium to go outside. Each morning, these students are invited to start the day with a little walk around a path that circles the school’s playground. The children are thrilled to be outside, skipping together with friends and chatting excitedly. It may seem a small thing, but for these students, the habit of starting the day with a little outdoor exercise just may become a lifelong activity.
Healthy Behaviors and Prevention

A focus on helping people live healthier lives through education, lifestyle choices and environmental factors (physical, cultural and social) that support healthy living.

Examples of the types of projects funded in this area include:

- Promoting physical activity and proper nutrition as a means to preventing obesity, especially in children and youth. Much of the foundation’s work has focused on schools, communities and work sites.
- Supporting environmental changes that encourage increased physical activity. Specifically, the foundation’s priorities are school and community-based walking trails.
- Supporting education and advocacy around tobacco use and clean indoor air.

Stronger Together …through shared paths.

Troubling Trend
Several years ago, physical education teacher Barb Siegfried noticed a troubling trend among her students at Fairview Elementary School in Olathe. They were often using their recess time for sedentary activities. “Kids were swinging, or talking or just sitting around,” Siegfried said, who has taught generations of families over her 31-year career at Fairview. “Our particular student caught my eye and then I began to notice just how many of her classmates were also inactive during recess.”

Siegfried and Arvella Spose, Wellness Director for the Olathe School District, talked about the troubling trend and possible remedies. Their idea? Construct a walking trail at the school to encourage physical activity. They envisioned a trail where walkers could enjoy some scenic variety, but would always be visible to school staff.

A Path to Progress
With seed money already promised by Olathe Medical Center, Siegfried and Spose approached the Sunflower Foundation with a grant request to fund the construction of a 1/5-mile trail. The Sunflower Foundation granted that request and funded five other walking trail requests across the state in 2005.

The Fairview Elementary School walking trail was dedicated on October 27 of that year. (To date, Sunflower Foundation has funded 38 walking trails across Kansas.)

The impact on the students was immediate.

“In addition to using the trail for PE classes, students began walking during recess and even before school,” said Siegfried. “Students were also coming to school early to just walk on the trail.”

Seeking to encourage this habit, Siegfried decided to join the students at 8 a.m. every school day, awarding wrist bands based on the number of laps completed. Students in kindergarten through second grade earn prizes once they reach 30 miles, while those in grades four through six do so after 40 miles.

The social aspect is also beneficial, Siegfried says. “Doing something fun together is the key. Kids like to be with their friends and run and play while benefiting from the added activity at the beginning of the day.”

Siegfried and the school nurse, who serves as a wellness coordinator, work together to make health programs fun for kids and parents. Fairview holds a basketball camp in the winter, a hockey night and a “walk to school” day. All the activities are intended to be both fun and a way to encourage an active lifestyle now and for years to come.

Walking Forward
The Fairview Elementary School sits in the middle of a neighborhood with the playground and walking trail visible and accessible to the area. Rather than a simple oval, the trail forms a boot shaped perimeter around the playground, which makes for a more interesting walk than a simple lap around a traditional track. On weekends, the neighbors are using the walking trail, as well. Siegfried said she knows of several families that routinely walk the paths. Fairview’s Parent Teacher Organization also sponsors an annual walk-a-thon, putting the trail to even greater use.

“A walking trail may seem like a simple thing, but the impact is significant,” said Siegfried. “Students are more active and healthy today and they are developing health habits to carry into adulthood.”
Rosa Molina often forms friendships with those she and the bureau serve as she advises them on the assistance available for prescription medications and eyeglasses.

For the seven people sharing the space in the small waiting room at Medical Services Bureau, the wait is worth it. As with most days, the people who have come to the bureau are seeking assistance to purchase prescription medications. As the weather turns from warm to cold, the bureau receives more requests for antibiotics. But MSB is busy all year assisting residents throughout Sedgwick County receive low-cost or free medications to treat heart conditions, diabetes, high blood pressure, respiratory problems, mental health and other chronic illnesses among the underserved and uninsured. MSB also has a program to connect clients to eyeglasses and eye care.
**A Better Way**

When Executive Director Rosa Molina joined MSB almost 14 years ago, she was greeted with a shoestring operation, but one with deep roots in the medical community. In 1937, a group of physicians founded the bureau as a way to help patients receive health care by paying only what they could afford. Later, Medical Service Bureau changed its mission to link low income, uninsured and underinsured Kansans to access to prescription medications and vision care. Rosa is only the third director in agency history. She was familiar with its importance in the community, but faced many challenges to bring the services up to date.

“I joined a staff of two in an office where all paperwork was done by hand,” Molina recalls. “We would interview up to four people an hour, take notes, write out the prescription vouchers and start calling various pharmacies for the lowest prices.”

The amount of work for each patient was overwhelming. “I thought, ‘There just has to be a better way to serve people,’” Molina says.

Through the years, Molina has worked tirelessly to find new ways to bring prescription medications to those in need and improve office operations. Prior to Medicare Part D, she established a nonprofit pharmacy at MSB with the help of the agency’s first grant from Sunflower Foundation. She and her staff work with clients to match them to the best programs for obtaining their prescription medications.

**Strengthening the Foundation**

Sunflower Foundation has also helped MSB purchase upgraded computer equipment and software for the creation of a reliable patient database. The ability to record and track patient and prescription information not only strengthens the quality of services, it also helps MSB manage growth.

In 2007, MSB received a Capacity Building grant for financial management software and training on its use. “With the new software, we were able to identify that the number of clients this year was 30 percent higher than one year ago. That’s the kind of information that helps us plan more effectively for the future and to be able to better serve the growing needs of our community,” Molina says.

**A Model for Services**

MSB focuses on creating connections that provide effective and affordable care for clients. “Prescription medications can result in a tremendous financial burden on the uninsured and underinsured,” Molina says. “Medical Services Bureau is trying hard to educate everyone about that, including physicians.”

Molina hopes that other communities can learn from MSB’s experience and sees the value in trying to replicate the bureau’s model of care on a broader level. “Of course we’re stronger together! We’d be most willing to assist anyone who is interested in providing similar services in other communities.”

**CAPACITY BUILDING**

A focus on projects that strengthen the organizational capacity of community-based health and human services organizations, with a focus on organizations that provide primary health care and prevention services.

Grants are provided to assess or develop core organizational functions, such as governance, leadership, management and information systems, in order to build organizational effectiveness and impact and to increase organizational sustainability.
Stronger Together …through advocacy.

We are proud that the Sunflower Foundation shares the name of the Kansas state flower. The sunflower’s seeds provide nourishment for many, spreading beauty and sustenance wherever they take root.

Likewise, the Sunflower Foundation is trying to spread the message throughout Kansas that advocacy contributes to the mission of nonprofit organizations. It is nourishing, if you will, the fruits of their labor. In 2007, the Sunflower Foundation board adopted advocacy as an official focus area.

“We believe the outcomes of public policy decisions are enriched when nonprofits are at the table. But we know this doesn’t always happen,” says Billie Hall, President and CEO of the Sunflower Foundation. “That’s why we began looking at ways to help nonprofits get more involved in advocacy and, ultimately, strengthen their voices in policy discussions.”

To help guide the development of Sunflower’s work in advocacy, the foundation partnered with David Arons, a national expert in nonprofit advocacy. David led the foundation’s 2007 Grantee Workshop, Finding Your Voice: Strengthening Nonprofit Advocacy, which sparked great interest among participants.

On behalf of the Sunflower Foundation, David surveyed a cross-section of Kansas health-related nonprofits about their focus areas and level of engagement with public policy. The survey provided a broad understanding of how nonprofits across the state perceive advocacy, their motivations for being involved, and the various levels of engagement.

Results of the survey showed that only 40 percent of Kansas health nonprofits believe their mission calls for participation in public policy. And, of those, only one-third spend more than a few hours a week as advocates to the state legislature during its session.

The survey also revealed that the greatest challenges to participation are time and resources. And, while many nonprofits engage in some form of limited advocacy during the legislative session, most do not see public policy work as necessary throughout the year.

There are positive results from the survey, as well,” says David. “We learned that Kansas nonprofits want to be involved in public policy—they understand that they have an important voice, they want to be heard and they welcome opportunities to build capacity and strengthen their effectiveness.”

“The survey results are informing our planning and work around advocacy,” says Billie. “It is our intent to respond by developing programs that strengthen nonprofit organizations and leaders. The Sunflower Foundation believes that nonprofits need to be involved because their perspective is important to finding solutions to today’s complex health problems.

As a consultant to the Sunflower Foundation, David Arons is helping the foundation develop a capacity building program for Kansas nonprofits. David is former co-director of the Washington-based Center for Lobbying in the Public Interest, former faculty member at Johns Hopkins and Georgetown universities, editor of A Voice for Nonprofits and co-author of Seen but not Heard: Strengthening Nonprofit Advocacy.

ADVOCACY

The best policy is made when the most voices are heard – stories from the field, from divergent experience and from experts on the ground serving the people of Kansas. That’s why the Sunflower Foundation is developing new programs that help nonprofits leaders and their organizations become stronger and more effective in advocacy and public policy processes.

There are three aspects to the Foundation’s work:

• Advocacy Fellowship Project – a comprehensive training program for nonprofit leaders
• Advocacy in Health Speaker Series – a public education program to promote awareness and understanding of nonprofit advocacy
• Capacity Building – a technical assistance program to help nonprofits become more engaged and effective in advocacy

For more information about our work in advocacy, visit www.sunflowerfoundation.org.

STATEMENT OF FINANCIAL POSITION

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<th>JUNE 30, 2008</th>
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<td>Cash and investments</td>
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<td>Fixed assets and other assets</td>
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<th>Liabilities and Net Assets</th>
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STATEMENT OF ACTIVITIES AND CHANGE IN ASSETS

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<th>June 30, 2008</th>
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<td>Investment income, net of expenses</td>
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<table>
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<th>Grants and Expenses</th>
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<td>Net assets, beginning of year</td>
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<tr>
<td>Net assets, end of year</td>
<td>$101,803,170</td>
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</tbody>
</table>

The amounts above are from the foundation’s Fiscal Year 2008 audited financial statements. A copy of the foundation’s audited financial statements is available upon request.
As we reflect on the past year, we have a tremendous appreciation for the work being done across Kansas to increase access to health care and to promote health. We learn a great deal from the organizations with which we partner — and we know that finding effective ways to work together is the best way to find effective solutions to the health challenges facing Kansans. We look forward to continuing current and developing new partnerships – growing stronger together.

The Mission of the Sunflower Foundation
To serve as a catalyst for improving the health of Kansans.

Our Vision for Health
To direct our resources toward helping people and communities achieve and maintain optimal health by improving access to health care and information, eliminating barriers, emphasizing prevention and promoting healthy environments that enable and support personal responsibility for health.

How to Contact Us
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785.232.3000
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SUNFLOWER FOUNDATION STAFF
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Vice President for Programs
Yvette Desrosiers-Alphonse
Program Officer
Cheryl L. Bean
Finance/Grants Manager
Alissa Browning
Executive/Program Assistant
Jackie C. Yingling
Finance/Grants Assistant

BOARD OF TRUSTEES
The Sunflower Foundation is governed by nine trustees who represent diverse backgrounds and regions of the state. Eight trustees are appointed through a process overseen by the Kansas Attorney General. One trustee is appointed by Blue Cross Blue Shield of Kansas. Current Sunflower Foundation trustees include:

Marty Beetsley, Chair
Pittsburg, Kansas

Christopher J. Ruder, M.S.N., R.N., Secretary
Lawrence, Kansas

Kraig L. Gross, Treasurer
Hays, Kansas

Harry W. Craig, Jr.
Topeka, Kansas

Karen S. Hauser, Ed.D.
Salina, Kansas

Mia S. Korbelik
Dodge City, Kansas

Thomas L. Miller, BCBSKS appointment
Topeka, Kansas

Greg Unruh
Onaga, Kansas

Caroline A. Williams
Wichita, Kansas

COMMUNITY ADVISORY COMMITTEE
The nine-member Sunflower Foundation Community Advisory Committee (CAC) nominates candidates for the foundation’s Board of Trustees. The CAC also acts in an advisory role to the foundation and reviews the annual reports. The Kansas Attorney General appoints eight of the committee members; the ninth member is the chair of the foundation board, serving ex-officio with vote. Current members of the Community Advisory Committee include:

Reverend Bobby Love, CAC Chair
Olathe, Kansas

Karen A. Seals, Ph.D., CAC Secretary
Lawrence, Kansas

Phyllis Gilmore
Olathe, Kansas

James Minnies
Garden City, Kansas

Janet Schalansky
Topeka, Kansas

Mark Douglas Shearin, M.D.
Abilene, Kansas

Robert K. Thamen, M.D.
Channahon, Kansas

Alan G. Wyman, M.D.
Topeka, Kansas

Marty Beetsley
Chair, Sunflower Foundation Board
Pittsburg, Kansas

16